



One-Mile Kids' Fun Run Rules & Waiver Form

Participant Information

Name of participant/runner: _____

Parent/Guardian name: _____

Parent/Guardian Address: _____

Parent/Guardian Phone number: _____

Participant Responsibilities

- All participants/runners must adhere to the Event Rules listed below.

Event Rules

1. Runners will be under age 12;
2. Runners will stay on marked, paved path;
3. Runners will stay to the right of cones/markers;
4. Runners will stay to the right of any oncoming runners at turnarounds;
5. Runners will not use bicycles, skateboards, roller skates, roller blades, scooters, or mechanized vehicles;
6. Runners may not be accompanied by animals on the course;
7. Runners will not push or interfere with other participants;
8. Runners will follow instructions of event representatives and volunteers.

Participant Waiver

Assumption of Risk, Release, and Waiver of Liability

- I understand that participating in the “Fun Run” involves risk of injury and that adherence to the above-listed event rules is necessary to provide for the safety of all participants.
- In consideration of allowing the above-named minor child to participate in the “Fun Run”, the parent/guardian does hereby indemnify, hold harmless, release and discharge Frederick Community College (“the College”), its employees, agents, officers, and Trustees for any and all claims, demands, causes of action, damage, loss of services, costs and expenses in any way resulting from any and all injury to person or property arising directly or indirectly out of the child’s participation in the “Fun Run”.
- Further, the parent/guardian agrees to indemnify and hold forever harmless the College, its employees, agents, officers, and Trustees from any and all physical and emotional

injury, including serious injury, disability, and/or death, damages, costs, attorney's fees whatsoever arising directly or indirectly out of the child's participation in the "Fun Run".

- If the participant/student deviates from any aspect of this activity, such deviation is purely voluntary, and I agree that the College, its employees, agents, officers, and Trustees shall not be liable for any injuries resulting or arising out of such deviation.
- By signing this Rules & Waiver Form, I understand that the I along with the participant/student voluntarily and personally assume all of these risks, and that it is my/the participant/student's sole responsibility to determine whether the participant/student is sufficiently fit and healthy to participate in these activities and is willing to expose him/herself to potential hazards associated with the "Fun Run."

I acknowledge and agree that this Rules & Waiver Form shall be construed in accordance with the laws of the State of Maryland, and the Circuit Court for Frederick County, Maryland shall have exclusive jurisdiction and venue over any dispute arising thereunder or relating thereto. I expressly waive any right to trial by jury regarding any dispute arising under or relating to this Rules & Waiver Form and further agree that if any term or provision hereof shall be held illegal, unenforceable, or in conflict with any law, the validity of the remaining portions shall not be affected thereby.

In signing this Rules & Waiver Form, I acknowledge that I will be legally responsible for the obligations and acts of the participant/student as described, and hereby give my permission for my participant/student's participation in the "Fun Run" and agree for myself and for the participant/student to be bound by all of the terms and conditions contained in the Rules & Waiver Form including, but not limited to, those terms that relieve the College of liability and to hold the College harmless from any liability that may result therefrom.

In signing this Rules & Waiver Form, I acknowledge and represent that I have read the foregoing Rules & Waiver Form, understand it, and sign it voluntarily.

Parent/Guardian Name (please print)

Parent/Guardian Signature

Date