

NewsBlast

April 17, 2020 – April 24, 2020

Academic Dates

Friday, April 17, 2020 – Military and Veterans Priority registration opens

Monday, April 20, 2020 – Summer 2020 and Fall 2020 registration opens

Please note: Academic session dates and schedule of classes are subject to change as needed.

Visit frederick.edu/schedules for the most up-to-date schedule information.

Saturday, May 16, 2020 – Last day of spring semester classes

Thursday, August 13, 2020 at 6:00 pm – Rescheduled Commencement Ceremony

Commencement Rehearsal: Tuesday, August 11, 2020 at 1:00 pm

Announcements

Questions for the deans? FCC staff want to hear from you! Send your question(s) (either typed in an email or submit a video) to SGA@frederick.edu and our deans will be answering them in a video response. Questions included in the video should be emailed by **April 22**. *Additional questions can be submitted after this date but will not be included in the first video response.*

Blessings in a Backpack will be distributing non-perishable food to children under 18 every FRIDAY between 11:00 am-1:00 pm at the following locations.

- Amber Meadows - Weiss Parking Lot - red car
- Heather Ridge School - Taney Ave - near yellow bus
- Lucas Village Community Center – near yellow bus
- Discovery Shopping Center (Walkersville) - near yellow bus
- Hickory Hills – by pool
- Robin Meadows – by pool
- New Market Shopping Center – near yellow bus
- Hillcrest Elementary School
- Ballenger Creek Elementary School
- 7th Street Shopping Center - by Giant Eagle, near yellow bus
- Concord Mobile Home Park Community - Jefferson - near yellow bus
- Brunswick Shopping Center - near yellow bus
- Overlook Park - Himes Ave. - near yellow bus
- Windsor Garden Apts. Key Parkway - **1:30 pm-3:00 pm NEW TIME**
- Twin Ridge Elementary - parking lot - **1:30 pm-3:00 pm NEW TIME**

Blessings will also be at the following schools: Orchard Grove, Waverley, Lincoln, Whittier, Parkway, North Frederick, Monocacy Elementary, Monocacy Middle, Tuscarora Elementary, Carroll Manor, Centerville, Green Valley, Urbana @ Sugarloaf, Glade, and Lewistown.

Frederick Nonprofit resources through 2-1-1 were just recently awarded \$100,000 to support many of these resources listed in the link below and they will be wanting to make these available to individuals in Frederick who are in need. Site Link: <https://sites.google.com/view/covid19frederick/home>

Bookstore

The May 21, 2020 Commencement Ceremony has been Rescheduled

New Date & Time: Thursday, August 13, 6:00 pm

Rehearsal: Tuesday, August 11, 1:00 pm

Regalia: Order your cap and gown by the extended deadline date of June 15, 2020. There is no charge for caps, gowns, and guest tickets. Visit Oak Hall to place your order:

<https://frederickcc.shopoakhalli.com/purchasewizard/welcome>

Commencement Fair in the Bookstore- New Date!

Students are encouraged to attend the Commencement Fair now scheduled for Monday, July 6 from 9:00 am - 5:00 pm. Students may pick up caps, gowns, and tickets during the Commencement Fair or after the event during regular business hours until August 13. **A photo ID is required to pick up all caps, gowns, and tickets.**

Additional Bookstore updates – The Bookstore remains closed for walk-in business, but continues to process orders made on their website for course materials and other merchandise during this time. All shipping charges will be waived for the duration of the closure. To place your order, visit:

<http://bookstore.frederick.edu/home>

Spring semester buyback scheduled for May 13, 14, 18, and 19 will now be conducted entirely online. Please check our website for updates and details. <http://bookstore.frederick.edu>

If you rented a textbook from the FCC Bookstore for this spring semester, the return deadline of May 15 has been extended to June 15.

Should you have any questions please email bookstore@frederick.edu. That email is being monitored regularly and is the quickest and most efficient method to address your concerns.

Career and Transfer Corner

Thinking it may be difficult to network for a job while socially distancing? Check out this short video with five tips to make it easy!

https://drive.google.com/file/d/1tbvf9B_3LYRWhqtOCbu7daQLOC1X6a-M/view

Career Services advisors are available to assist you remotely with both your decisions surrounding choice of major and career AND with your job or internship search (including resumes, interviewing, and networking).

You can schedule an appointment with a Career Advisor at <https://www.frederick.edu/student-resources/counseling-advising.aspx>. Our feedback from students has been very positive as we use a virtual environment to demonstrate resources and provide interpretation of Focus 2, our online career assessment tool.

Focus 2 can be found at <https://www.focus2career.com/Portal/Login.cfm?Sid=1459>. The passcode for creating a new account is: cougar.

You can find valuable resources online to help you with your choice of major and career, as well as your job search at the following sites:

- Services website: www.frederick.edu/careers

- FCC Library Guide for Careers and Jobs: <https://guides.frederick.edu/careers>
- Online Jobs Platform - College Central Network: www.collegecentral.com/frederick

Please feel free to direct general questions to careercenter@frederick.edu.

Student Engagement Events and Activities

While we can't get out and visit new sites and destinations, we have created a listing of FREE Virtual Events for Students. You can visit museums, historic sites, tropical beaches, natural wonders, zoos – and even other planets - by clicking <https://myfcc.frederick.edu/portal.aspx> and going to the Announcement section and clicking on Free Virtual Events for Students.

Earth Day Activities - Wednesday, April 22, 2020 is the 50th Anniversary of Earth Day. Here are a few ways you can tune in virtually to celebrate and get involved:

- www.earthday.org
- www.epa.gov/earthday
- www.nasa.gov/content/earth-day-2020
- www.techrepublic.com/article/earth-day-turns-50-nasa-throws-an-online-celebration/
- www.nbcсандiego.com/news/local/go-wild-this-earth-day-with-san-diego-zoos-virtual-celebration/2305530/
- www.discovery.com/
 - a TV special on the [Discovery](http://www.discovery.com/) channel is due to air on Earth Day, featuring early efforts for The Great Global Cleanup (9pm).
- FCPS Earth & Space Science Lab – I Spy on Facebook Live – Tuesday, April 21 @ 11am - I Spy an Arboretum Celebrate Earth Day and Arbor Day
- Earth Day at Your Place – gardening tips from National Aquarium - <https://aqua.org/blog/2020/April/earth-day-at-your-place>
- Facebook Live – Maryland Science Center – Animal Encounter: Terrapi, 5-6pm

Student Government Association (SGA) – NOW ACCEPTING APPLICATIONS FOR OFFICERS

- SGA is looking to fill the following officer positions for next year – SGA President, Vice President of Administration, Vice President of Communications, Vice President of Finance, and Vice President of Public Relations. Each officer receives a \$500 stipend for each semester that they serve. The term of each position is one (1) year. Applications will be accepted online through **May 15**: <https://app.perfectforms.com/player.htm?f= yEGggMn>. If you have any questions about SGA, please email SGA@frederick.edu.
- **SGA Social Hours** – join us on Blackboard Collaborate each week for engaging conversations and fun games. There are prizes to win too! Tune in **Wednesdays from 7:00-8:00 pm and Thursdays from 12:00-1:00 pm**. For more information on how to access Blackboard Collaborate, visit <https://www.frederick.edu/student-resources/student-engagement/sga-clubs-organizations.aspx>.
- **FCC Spirit Week** – join us each day next week on social media to show your spirit! Entries each day will be randomly selected to win a prize!
 - Follow us on Instagram (@sgafcc) and on Facebook (Center for Student Engagement at Frederick Community College - @CSEatFCC)

- **Meaningful Monday** – have you done something to help your family, friends, or the community during the pandemic? We want to share the impact our FCC community has been making so post a picture with the caption #FCCGivesBack #FrederickCCspirit
- **Thankful Tuesday** – thank a faculty or staff member at FCC. Post a message to someone you are thankful for. Be sure to post the hashtag in the caption #FrederickCCspirit
- **Worldly Wednesday** – It is the 50th anniversary of Earth Day! Share how you are going GREEN. Be sure to post the hashtag in the caption #FCCgoesgreen #FrederickCCspirit
- **Throwback Thursday** – post a picture from something fun from the past that you want to share. Be sure to post the hashtag in the caption #FrederickCCspirit
- **FCC Friday** – wear your FCC gear or school colors and post a picture with the hashtag in the caption #FrederickCCspirit

Student Clubs and Organizations - Some clubs and organizations are interested in meeting virtually! Please continue to check your MyFCC email for announcements and updates. You can also join clubs by visiting their Blackboard page. Visit the “Community Resources” tab on Blackboard after you log in to find club pages. If you have any questions, contact Jen Moxley at JMoxley@frederick.edu.

Cybersecurity Capture the Flag (CTF) Competition – Saturday, May 9, 12:30 pm – 4:00 pm

Want to learn more about cybersecurity and get some hands-on experience with the technology frequently used by cybersecurity professionals? Join us for a casual competition full of learning and trivia related to cybersecurity. No prior knowledge or experience required. The top three winners will receive prizes.

Join us on our Blackboard Collaborate meeting at <https://bit.ly/3biVFS6> on the day of the event. Alternatively (or additionally), email us at fcccyberteam@gmail.com to receive participant instructions, which will be sent out the day before the competition.

Service Learning and Volunteer Opportunities

If you have some spare time on your hands and are looking for a meaningful way to support others during this time, here are some great resources on how you can safely help during the pandemic:

- <https://gov.maryland.gov/volunteering-in-maryland/>
- <https://www.nationalservice.gov/serve>
- <http://volunteer.unitedwayfwc.org>

We know so many of our students, faculty, and staff are already involved with helping the community during this time. We would love to hear how you have helped your family, neighbors, or the community during the pandemic. Send an email to studentengagement@frederick.edu with your information and feel free to include a picture. We want to help share your story and highlight the good work you are doing.

Student Support Services and Resources

Admissions is here to support all of our students through the application and enrollment process both for credit programs and Continuing Education & Workforce Development (CEWD). If you are new to

FCC, transferring from another institution, bridging from either Dual Enrollment, English as a Second Language (ESL) or Adult Education, our staff will guide you through the steps. Please contact us at admissions@frederick.edu or 301.624.2716. We look forward to working with you and sharing all that FCC has to offer.

Office of Adult Services (OAS) - If you are currently a participant in the Office of Adult Services and have questions or concerns, or wish to schedule a remote advising appointment, please contact us by phone or email. We are happy to help in any way we can. To learn about what services we offer, visit us at <https://www.frederick.edu/student-resources/adult-services.aspx>. If you are interested in becoming a participant, please contact us using the front office/scheduling contacts below to schedule a remote intake interview. We'd love to speak with you!

For the remainder of time that College services and instruction are delivered remotely, OAS staff can be reached in the following ways:

Janice Brown: 240-415-8570 or JBrown@frederick.edu

Stacey Yost: 240-668-4010 or SYost@frederick.edu

Front office/scheduling: 240-415-8903 or adultservices@frederick.edu

Counseling and Advising - Advisors will be available to assist students through email, phone, and virtual means to support all student advising needs. Students can also use the Counseling and Advising website to get updates and utilize advising resources for additional assistance. Assistance and questions should be sent to emailadvising@frederick.edu.

Financial Aid - Current students can view financial aid awards online in PeopleSoft. If you have outstanding items on your "to do" list, students can still fax documents to 301-624-2886. If you do not have access to a fax machine, one option is to use www.faxplus.com to fax documents to our office. If you have questions about your financial aid eligibility, please email financialaid@frederick.edu.

Financial Aid will continue to disburse financial aid for students as attendance is confirmed by instructors. Students will receive an email when the financial aid has been disbursed. After the funds have been disbursed, please allow up to 14 days for the refund to be posted to your BankMobile account. You will receive a second email when the funds have posted to your BankMobile account. If you have questions, please email financialaid@frederick.edu.

It is very important to contact Financial Aid prior to withdrawing from any class if you are receiving federal financial aid (Federal Pell Grant, Federal SEOG, Federal Direct Loans). You can email Financial Aid at financialaid@frederick.edu. Financial Aid staff are reviewing emails on a daily basis and will respond to your questions regarding withdraw from classes.

Mid-Atlantic Center for Emergency Management and Public Safety (MACEM&PS) faculty and staff are functioning remotely supporting online classes, grant activity, and contracts. Students in Criminal Justice, Emergency Management Track I: FEMA Independent Study, Emergency Management Track II, Fire Service Administration, and Police Science should email emergmgt@frederick.edu for assistance. Individuals with questions concerning MACEM&PS grant and professional services activities should email scarter@frederick.edu.

MACEM&PS supports our first responders and military personnel actively responding to the COVID-19 pandemic emergency. Some MACEM&PS faculty and students are currently deployed in various phases of the pandemic response. We are supporting their effort and sacrifice. If you are a student who has been deployed in the response, please let us know at emergmgt@frederick.edu.

The Office of Multicultural Student Services - Summer/Fall Registration opens next week! Please know that we are ready and available to schedule your registration advising meeting. If you need or would like to schedule an appointment, please use the following link: [Multicultural Student Service Appointment Requests](#). The below applications will be used during your appointment:

- WhatsApp at (330) 451-6901 – Ms. Chianti Blackmon or (240) 397-8628 – Mr. Eugene Smith
- Zoom
- Google Voice at (330) 451-6901 – Ms. Chianti Blackmon or (240) 397-8628 – Mr. Eugene Smith
- Follow us on [Instagram MSS FCC](#) – we will be going live and hosting programs there

If you do not have access to any of the above-mentioned applications, please let us know so we can find alternative methods for your appointment. Take good care of yourself and stay safe.

Services for Students with Disabilities (SSD) - Please contact your advisor in the office if you have questions or need assistance with accommodations. If you are unsure who that is or if you do not have an advisor in SSD, please contact the office directly with questions or concerns at Disability_Services@frederick.edu or call 301-846-2408 (Voice).

If you currently do not work with SSD but develop the need for a temporary accommodation as the result of a change in your health or because your course moved online, please email Disability_Services@frederick.edu or call 301-846-2408 (Voice) as soon as you recognize the need for the accommodation.

Veteran and Military Services (VMS) - Please visit the VMS Blackboard site for up-to-date announcements regarding GI Bill benefits. If you are a National Guard student or a Reservist and you have been or may be called up to provide support throughout the state, please contact the director of Veteran and Military Services, Rachel Nachlas, at rnachlas@frederick.edu.

If you have any questions, concerns, etc., reach out to Rachel, Amy, or Tricia.

- Rachel rnachlas@frederick.edu
- Amy acoldren@frederick.edu
- Tricia trmorris@frederick.edu

Students can also call our phone at the office (301-624-2836) because we are checking messages regularly. Appointments are available by phone and by Skype. Click on [Appointment](#) to get set up.

Helpful Resources

Computer and Internet Safety - During times of crisis like the COVID-19 pandemic, cyber criminals try to take advantage and exploit the situation with phishing messages and other scamming tactics. Cybersecurity during this time of online/alternative instruction is very important, so be vigilant of suspicious emails. Here are some tips to identify phishing emails:

- **Reviewing emails** - Scan emails received from outside the College. If any email has the “EXTERNAL” banner in it, be sure to examine the content before taking any action.
- **Think before you click** - Cyber criminals are taking advantage of people seeking information on COVID-19. They are distributing malware campaigns that impersonate organizations like the World Health Organization, the Centers for Disease Control and Prevention (CDC), and other reputable sources by asking you to click on links or download outbreak maps. Your best defense is to think before you click and go directly to a reputable website to access the content directly instead.
- **Look out for urgent language**: If you are asked to click on a link or provide personal identifiable information (PII) in order to receive a benefit, **Do Not** respond. Instead, question the email’s content, contact a trusted source, and reference the email.

Here are other resources and tips to aid you in practicing secure computing:

GCFUglobal.org
<http://microsoft.com/safety>
[Internet Safety Tips](#)

Questions may be directed to the IT Help Desk at (301) 846-2509 or by emailing ITSupport@frederick.edu

Emergency Child Care - The YMCA of Frederick County has been approved for Essential Personnel Child Care and Essential Personnel School-Age programs. This means the YMCA will be providing programming for children ages 6 weeks through age 12. Programming is available from 6:30 am to 8:00 pm, Mon.-Fri. Parents will need to send their children with a lunch and water bottle with their name clearly displayed. To inquire about availability and for paperwork to apply, contact:

- Diana Lewis, BASE (School Age Program) dlewis@frederickymca.org, 1-301-663-5131 ext. 1269
- Krista Kaplan, ELC Downtown Director, kkaplan@frederickymca.org, 1-301-663-5131 ext. 1278
- Tammy DeGrange, ELC Green Valley Director, tdegrange@frederickymca.org, 1-301-607-6258

PLEASE NOTE: YMCA is only processing registrations from 6:30 am-6:30 pm, Mon.-Fri.

FCC ALERTS - Be sure to sign up for FCC Alert at www.frederick.edu/fccalert and to check your College email regularly. The Alert feature ensures that you are getting the most current and accurate information as soon as it becomes available.

Food Pantry - If you rely on services at the College to eat, please see below for options in the community while the FCC food pantry is inaccessible.

- **Bread of Life Community Kitchen - Soup kitchen and food boxes**
www.therescuemission.org
- **Community Action Agency – three- to five-day supply of food**
www.cityoffrederick.com
- **FCPS free food program for students**
<https://www.fcps.org/about/news/1677052/fcps-feeds-children-while-schools-are-closed>
- **Food pantries in Frederick County**
<https://www.foodpantries.org/ci/md-frederick>
- **211 MD - Food pantries in Maryland**
<https://211md.org/211provider-md-search-results?q=Food%20Pantries>
- **Maryland Food Bank Listings - Find food banks near you**
<https://mdfoodbank.org/find-food/>
- **Religious Coalition for Emergency Human Needs**
<https://www.thereligiouscoalition.org/programs-services/food-banks/>
- **Rescue Mission, Food Distribution - one visit per week**
<https://www.therescuemission.org/programs/bread-of-life-food-ministries/>

Other food and community resources can be found on our Student Guide webpage at:

https://www.frederick.edu/coronavirus-covid19/emergency-remote-learning.aspx?fbclid=IwAR2GQYofhcYXLD0TWx1K-gKyO9_sfSQgW0KflnEb9hlx4iX4aWA5HkSgc78 or by visiting our Virtual Events and Resources Section on your MyFCC Portal. You can get there easily by clicking on <https://myfcc.frederick.edu/portal.aspx> and going to the Announcement section and clicking on Free Virtual Events for Students.

Information on Free Internet Access

- **Comcast** - For any students who do not currently have internet access, Comcast (Xfinity) is providing free internet access to the community through hotspots. You can visit <https://wifi.xfinity.com/> for information and hotspot locations.
- **Comcast (Xfinity)** is also offering a service called Internet Essentials, a low-cost internet service to those who qualify. Visit <https://www.internetessentials.com/> for further information.
- **Educause** is also offering information (and updating it) for many other providers and services (depending on student location and need). It's a one stop shop for connectivity ideas. <https://library.educause.edu/topics/teaching-and-learning/online-learning>

Mental and Physical Health and Wellness - The COVID-19 pandemic presents stress for all of us, but the anxiety, fear, and isolation we are living with can present unique challenges for people with mental health issues and substance use disorders and in recovery. The following resources may help:

- **2-1-1** is a quick and easy way to find information and get referrals for thousands of programs and services across Maryland. Resources include food, housing and shelter, utility assistance, mental health, substance use, healthcare, children and families, aging and disabilities, legal and tax services, veterans, domestic/family violence, and employment. Call or text 211 on your phone or go online to <https://211md.org/>
- **Alcohol and Drug Abuse**
 - **Alcoholics Anonymous** - https://www.aa.org/pages/en_US
 - **Coronavirus and Addiction: How to Protect Your Recovery During a Pandemic** <https://www.facebook.com/FrederickSAO/posts/3589398044435549>
 - **Narcotics Anonymous** – virtual meetings online and by phone - <https://virtual-na.org/>
 - **National Institute on Drug Abuse** https://www.drugabuse.gov/related-topics/covid-19resources?fbclid=IwAR1a_wiL7ipHRCcq46wRs42N9B07ijbQtJqSmbemydURlrPOlr0vp7C6Dq0
 - **Substance Abuse and Mental Health Services Administration - SAMHSA**
 - https://www.samhsa.gov/find-help/nationalhelpline?fbclid=IwAR0FB1GQoZ8Yi-HFkAIACmL9Y9v_fUoyiBoypmja7M7vGQysnEI4VYIGxM
- **Sexual Assault Awareness and Support - April is Sexual Assault Awareness Month** and services are available to survivors of sexual violence at all times, including during this health crisis. To find information on your local Rape Crisis Center, including hotline numbers and available services during COVID-19, please visit: <https://mcasa.org/survivors/find-a-rape-crisis-center>.
- **National Suicide Prevention Hotline** - The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Call 1-800-273-8255 or visit <https://suicidepreventionlifeline.org/>
 - **American Foundation for Suicide Prevention** – Mental health resources during COVID19 <https://afsp.org/campaigns/covid-19/>

Scholarships and Assistance

- **The Fall 2020 Application for FCC Foundation Scholarships** – Beginning April 1, 2020, students may apply for FCC Foundation scholarships for the fall 2020 semester. Students can apply for these scholarships at www.frederick.edu/foundationsscholarships. You will be asked to complete one general application which will identify scholarships you may be qualified to receive. The application will be open through June 30, 2020. Students will be notified of awards in July. To accept the award, students will be asked to complete and turn in a thank you note prior to the award being made

available in their student account. For further information and any questions, please contact Michael Thornton, scholarship program manager at mthornton@frederick.edu.

- **The FCC Foundation maintains a Student Success Fund** for currently enrolled students needing emergency assistance with food and other needs. Students can self-apply at www.frederick.edu/studentsuccess. Applications will be evaluated on a case-by-case basis.

Transcript Requests - Official transcripts can be requested from our expedited vendor, Parchment, at https://exchange.parchment.com/send/adds/index.php?main_page=login&s_id=ShOqCalAHV0imfs5

Your success remains our top priority. Please call on us if we can assist you, and remember to check your MyFCC email frequently for important messages from the College.