





Lifelong LEARNING

Spring 2021 • Frederick Community College





Lifelong LEARNING

Events and **experiences** for inquisitive minds.

Welcome to Lifelong Learning at Frederick Community College. This program offers courses of all types for all ages. It's a special assortment of old favorites and new requests. For 2021, we have assembled the most in-demand classes, events, and experiences, based on the feedback of our community.

From whiskey tastings to watercolor, the 2021 lineup of Lifelong Learning courses is an opportunity for you to discover something new, revisit a favorite hobby, or share a memorable experience with friends and family members. All courses are delivered by expert instructors who provide hands-on learning, doing, and growing opportunities for every participant. Browse 2021 offerings to find a learning experience for you.

Courses for personal enrichment, artistic growth, and self-discovery.



We thank our students for all they have done during this difficult time related to the coronavirus (COVID-19). Student success remains our top priority. Please note that as we continue to follow the recommendations outlined by the State of Maryland and the Frederick County Health Department to ensure the health and safety of our College community, the course offerings included in this schedule remain subject to change. For the most current information regarding course offerings, visit frederick.edu/schedules For important FCC updates and COVID-19 information, visit frederick.edu/coronavirus

Course Options | Spring 2021

FCC spring classes will be delivered primarily online to maintain public safety.

Classes will be offered using the following learning formats:



Online Courses (ONL)

The course is entirely online.

The class does not meet at a scheduled time.

Students will meet all expected deadlines and expectations outlined by the professor.

Students complete work on their own time.

Structured Remote Courses (SR)

The course is entirely online but has scheduled class times.

Scheduled class times will be used for real-time virtual sessions, which may include virtual lectures, group discussion, or other class activities.

Real-time virtual sessions will occur a minimum of once per week during scheduled class times. Scheduled real-time virtual session dates will be designated on the syllabus.

Students are expected to attend real-time virtual sessions. However, these sessions will be recorded and made available for students unable to attend.

If graded assessments are provided during a real-time virtual session, students not in attendance will be provided an opportunity to make up work or be provided with a comparable alternative

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Hybrid Remote Courses (HYR)

The course is primarily online, but with required periodic meetings at the main campus or Monroe Center during scheduled class times.

Students will be expected to come to campus, clinical sites, or the Monroe Center for periodic class sessions in addition to participating in real-time virtual sessions during scheduled class time. Scheduled face to face and real-time virtual session meeting dates will be designated on the syllabus.

Students are expected to attend real-time virtual sessions. However, these sessions will be recorded and made available for students unable to attend.

If graded assessments are provided during a real-time virtual session, students not in attendance will be provided an opportunity to make up work or be provided with a comparable alternative assessment without penalty.

There will be limited physical access to buildings, classrooms, labs, and College offices. Specific protocols will be in place to ensure the safety of students, employees, and community members. Guidelines and instructions for physical access will be provided to students and community members and made available at **frederick.edu** once they are finalized. Comprehensive student resources remain available remotely to deliver College services to students.



Happy Little Trees: The Bob Ross Painting Class

Foundations of Watercolor

Drawing for Beginners



HAPPY LITTLE TREES

Bob Ross Painting

Instructor: Denise Sullivan

You've seen him before. He's the soft-spoken guy who paints happy clouds, mountains, and trees in about 26 television minutes using big, house painting-type brushes while cooing "you can do it" to the audience. His Joy of Painting program is the most recognized, most watched TV art show in history. Although Bob Ross is no longer with us, a Bob Ross certified instructor will teach you the magic behind painting happy little trees when you recreate one of Bob's masterpieces in this five-hour class. All materials including brushes, Bob Ross paints, and canvases will be provided. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

Choose from two available sessions.

February 13 | March 13

Saturday • 10:00 a.m. - 4:00 p.m.

Visual & Performing Arts Center (F) Room 118 • \$89

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.

FEBRUARY MARCH

13
13



MAKE A SPLASH

Foundations of Watercolor (SR)

Instructor: Jennifer Littleton

The Foundations of Watercolor series provides students a strong theoretical and practical knowledge of realistic watercolor through discussion, demonstration, and practice. Students will learn how to select an image to paint from, complete and transfer a preliminary drawing, pre-wet watercolor paper, and create flat washes using various brushes. While utilizing these skills, students will complete one monochromatic painting. Returning students will continue to learn and develop their color theory skills to complete a full color painting. A list of supplies will be provided prior to class start date.

Six-Course Series: Students complete each of six sessions.

April 8 | April 15 | April 22 | April 29 | May 6 | May 13

Thursdays • 3:30 - 6:00 p.m. • Online • \$149

APRIL 8



FRESH PERSPECTIVE

Drawing for Beginners (HYR)

Instructor: Jeanne McDermott

Basic drawing techniques will be taught, including shading, perspective, use of light and darkness (value), and composition and texture. Students will learn about pencil types and paper as well. Students will be required to purchase special pencils and paper prior to the start of the course. Specifics will be provided one week prior to the beginning of the course. This course will show that drawing is both fun and therapeutic.

Three-Course Series: Students complete each of three sessions.

May 7 | May 14 | May 21

Fridays • 9:00 - 10:30 a.m. • Hybrid • \$44

MAY

This **Hybrid Course** (**HYR**) is primarily online, but with required periodic meetings at the main campus or Monroe Center during scheduled class times.



Maryland Whiskey 101



SOMETHING STRONG

Maryland Whiskey 101 (SR)



We're teaming up with McClintock Distilling to give you a beginner guide to everyone's favorite nutty, oaky, and smoky spirit – whiskey! You'll learn how whiskey is made, the different types, and the history of the barrel aging process. This class will have a special focus on Maryland Rye Whiskey and what makes it so special. Must be 21 to register. Students must arrange to pick up a whiskey tasting kit from McClintock Distilling (202.557.9914) before the start of class.

February 11

Thursday • 7:00 - 9:00 p.m. • Online • \$34

FEBRUARY

HOME & HOBBY

A Beginner's Guide to Machine Sewing

Advanced Machine Sewing: Clothing Alterations & Repairs

Advanced Machine Sewing: Home Decor & Gifts

Introduction to Metalsmithing

Jewelry Soldering Workshop

Metal Etching Jewelry Workshop

Introduction to Fold-Forming Jewelry

Continuing Calligraphy

Iris Paper Folding

DIY Home Maintenance for Beginners



SIMPLE STITCHING

A Beginner's Guide to Machine Sewing (SR)



Sewing is not only incredibly money-saving, but it also provides a tremendous sense of self-satisfaction, knowing that you did it yourself. It all starts with knowing the basics. In this introductory course, you will learn the basic information required to operate a sewing machine for both practical and creative projects. Students will need a sewing machine. A list of supplies will be provided prior to the first class.

Three-Course Series: Students complete each of three sessions.

January 27 | February 3 | February 10

Wednesdays • 10:30 a.m. - 12:30 p.m. • Online • \$59

JANUARY 7



TAILOR MADE

Advanced Machine Sewing: Clothing Alterations & Repairs (SR)



Learn how to do the most common types of clothing alterations and repairs: taking in, letting out, shortening, lengthening, and hole darning. The instructor will guide students through the process of each of these types of alterations and repairs and give students step-by-step feedback as they attempt to do them in class. A basic working knowledge of machine sewing is required for this course. Students will need a sewing machine. A list of supplies will be provided prior to the first class.

Three-Course Series: Students complete each of three sessions. February 17 | February 24 | March 3

Wednesdays • 10:30 a.m. - 12:30 p.m. • Online • \$59

FEBRUARY



CUSTOM DESIGNED

Advanced Machine Sewing: Home Decor & Gifts (SR)



Learn how to sew decorative pillows, window valances, seat cushions, and baby quilts. This course allows for self-expression by focusing on a conceptual understanding of the creative process. Students will apply this understanding to a sewing project of their choice as the instructor guides them, giving them step-by-step feedback along the way. A basic working knowledge of machine sewing is required for this course. Students will need a sewing machine. A list of supplies will be provided prior to the first class.

Three-Course Series: Students complete each of three sessions.

March 8 | March 15 | March 22

Mondays • 10:30 a.m. - 12:30 p.m. • Online • \$59

MARCH



FORGE FOR FASHION

Introduction to Metalsmithing

Instructor: Georgina Copanzzi

Introduction to Metalsmithing is a one-day workshop for students to master the basics. Students will create copper jewelry from techniques like torching, cutting, hammering, and more. The workshop includes a lecture, demonstration, hands-on practice, and one-on-one instruction. All tools and materials are provided. No experience necessary. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

January 16

Saturday • 9:00 a.m. - 2:30 p.m. • Monroe Center (MC) Room 147 • \$79

JANUARY

16

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.



RINGS & THINGS

Jewelry Soldering Workshop

Instructor: Georgina Copanzzi

Ready to tackle a new skill or take your current jewelry arts to the next level? This class was created so students may become comfortable with a torch. The curriculum covers the "how" and "why" of jewelry soldering by combining an overview of the tools, techniques, and process plus hands-on practice. Each student will fabricate textured stacking rings or bangles. Safety Requirements (no exceptions): Closed-toed, low-heeled, or no-heeled shoes; comfortable "play-clothes;" no flowing sleeves or bulky fabrics; long hair must be worn in a bun or ponytail; and protective eyewear must be worn. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

February 20

Saturday • 9:00 a.m. - 2:30 p.m. • Monroe Center (MC) Room 147 • \$79

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.

FEBRUARY 20



MAKE A MARK

Metal Etching Jewelry Workshop

Instructor: Georgina Copanzzi

Join instructor Gina Copanzzi to explore etching metal using an illustration. You will learn how to make a transfer and how to etch copper. Students will complete a few pieces of finished copper jewelry. This class will include lecture, demonstration, hands-on practice, and one-on-one instruction in the creation of your own unique designs. All tools and materials are provided. No experience necessary. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

March 20

Saturday • 9:00 a.m. - 2:30 p.m. • Monroe Center (MC) Room 147 • \$79

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.

MARCH 20



FOLDED FASHION

Introduction to Fold-Forming Jewelry

Instructor: Georgina Copanzzi

Fold-forming was invented by Charles Lewton-Brain in the late 1980s as a completely new way of forming, folding and unfolding sheet metal quickly into wonderful 3-D shapes and textures. In this five-hour fold-forming basics workshop, you'll work hands-on with the torch, hammer, and anvil to learn to fold, shape, and texture metal to create a unique cuff bracelet, earrings, or pendant from copper sheet metal. Heat patinas will also be discussed and applied to some of your pieces. All supplies are included in the course cost. No experience needed. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

April 24

Saturday • 9:00 a.m. - 2:30 p.m. • Monroe Center (MC) Room 147 • \$79

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.

APRIL 24



WHIRLS & SWIRLS

Continuing Calligraphy (SR)



Join us to take your calligraphy skills to the next level. Learn to mix and apply colors, create Italic style variations, and experiment with different writing tools to create colorful and expressionistic masterpieces. Students should take Beginning Calligraphy prior to taking this class.

Four-Course Series: Students complete each of four sessions.

March 5 | March 12 | March 19 | March 26

Fridays • 10:00 a.m. - 12:00 p.m. • Online • \$129

MARCH 26



PERFECT FOLDS

Iris Paper Folding

Instructor: Kathy Barylski

Iris paper folding is a wonderful technique that looks difficult but is fairly easy to master. It makes gorgeous greeting cards and can be incorporated into scrapbooking and other crafts. All materials are included in the course fee and directions are provided to you so you can create additional projects on your own.

Choose from two available sessions.

February 9 (Valentine's Day theme) | March 25 (Easter theme)

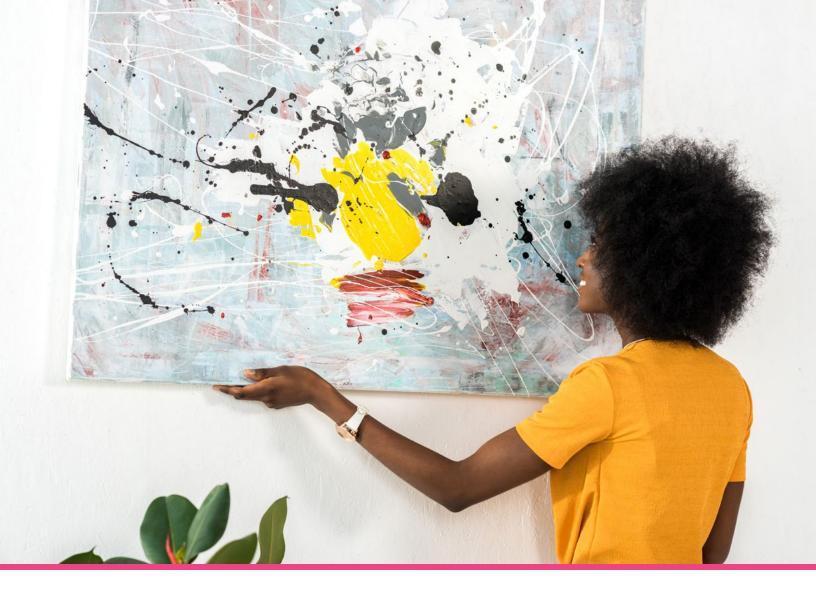
Tuesday or Thursday • 2:00 p.m. - 4:00 p.m.

Conference Center (E) Room 125 • \$29

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.

FEBRUARY

MARCH 25



HOME SWEET HOME

DIY Home Maintenance for Beginners

Instructor: James Thuman

If you live under a roof and four walls, these classes are a must! Join us to learn the DIY maintenance skills everyone should master. In 101, learn how to locate studs, hang pictures, anchor weighted items (think towel bars), install new locks, rekey your front door, and more. In 102, learn basic drywall repair, fix common door problems, and complete furnace and water heater maintenance. No experience needed. All materials and tools provided. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

March 6

Saturday • 9:00 a.m. - 2:30 p.m. • Monroe Center (MC) Room 147 • \$99

This **Face to Face Course** is taught at designated locations during scheduled times. An email will be sent prior to the first class with detailed course information and class details.





LANGUAGES

American Sign Language I

American Sign Language II - Intermediate

Basic Conversational Spanish

Continuing Conversational Spanish



LEARN TO SIGN

American Sign Language I (SR)



Learn the basic conversational skills used in American Sign Language (ASL). Topics include basic grammar structure related to the exchange of personal information, introductions, negotiation with the environment, calendar, and commands. Learn basic survival signs through demonstration. Students practice what is covered in class. This course uses *A Basic Course in American Sign Language* (ISBN 978-0932666420) which will be available for purchase in the FCC bookstore. This textbook is used for American Sign Language I and II.

Six-Course Series: Students complete each of six sessions.

January 25 | February 1 | February 8 | February 15 | February 22 | March 1

Mondays • 6:00 - 8:30 p.m. • Online • \$169

JANUARY 25



SAY HELLO!

American Sign Language II - Intermediate (SR)



Students will continue to learn and practice conversation skills used in ASL I. They will learn more about ASL grammar structure, visual gestural, descriptive, negotiation with the environment, and deaf and hard-of-hearing culture. This course uses *A Basic Course in American Sign Language* (ISBN 978-0932666420) which will be available for purchase in the FCC bookstore. This textbook is used for American Sign Language I and II.

Six-Course Series: Students complete each of six sessions.

March 8 | March 15 | March 22 | March 29 | April 5 | April 12

Mondays • 6:00 - 8:30 p.m. • Online • \$169

MARCH



¿HABLAS ESPAÑOL?

Basic Conversational Spanish (SR)



Develop skills needed to communicate orally and in writing using basic Spanish. Practice what you are learning by participating in class conversations and completing classroom and homework assignments based on the textbook exercises. This is a class for those who need to communicate in Spanish and understand Spanish culture.

Eight-Course Series: Students complete each of eight sessions.

April 6 | April 8 | April 13 | April 15 | April 20 | April 22 | April 27 | April 29

Tuesdays and Thursdays • 6:00 - 8:00 p.m. • Online • \$169





iQUÉ BUENO!

Continuing Conversational Spanish



Once you've mastered the basics of speaking and writing in Spanish, join us for Continuing Conversational Spanish where students will practice advanced listening comprehension, speaking skills, pronunciation, and vocabulary acquisition. Prerequisite: Basic Conversational Spanish or a basic knowledge of Spanish.

Eight-Course Series: Students complete each of eight sessions.

May 4 | May 6 | May 11 | May 13 | May 18 | May 20 | May 25 | May 27

Tuesdays and Thursdays • 6:00 - 8:00 p.m. • Online • \$169

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MAY

PHOTOGRAPHY

Getting the Best From Your Digital Camera
Getting From Good to Great

Digital Photo Management for Photographers

Introduction to Editing Your Photos
Without Adobe Software



IN A SNAP

Getting the Best From Your Digital Camera (SR)



In this class we will cover the fundamentals of how your camera works. We'll abandon the auto and program modes and learn how the three major functions (aperture, shutter speed, and ISO settings) work. Particular attention will be given to how they influence one another and how you can determine which one is most important for getting the picture you want. We will review secondary level settings such as resolution, color space, metering modes, white balance, and more. You'll also learn about techniques and accessories that can help you produce even better photos.

Three-Course Series: Students complete each of three sessions.

January 12 | January 19 | January 26

Tuesdays • 6:30 - 8:30 p.m. • Online • \$69

JANUARY



PICTURE THIS

Getting From Good to Great (SR)



This course illustrates how visible elements like composition or the effects of weather, the time of day, or your point of view can strengthen your photos. How your images can benefit from subjective elements like humor, mystery, or surprise will be explained. The first class ends with a look at high-quality images and a discussion by students on what elements may have contributed to the success of those photos. Later, students will submit photos that demonstrate the application of these elements and obtain a professional critique. The focus of this course is on capturing images, not on processing them.

Two-Course Series: Students complete each of two sessions.

February 23 | March 2

Tuesdays • 6:30 - 8:30 p.m. • Online • \$39

FEBRUARY 3



FILES ORGANIZED

Digital Photo Management for Photographers (SR)



Do you have a lot of images to manage? Adobe Lightroom is a fantastic tool for digital photographers at any skill level who need to manipulate and organize photos. This course will teach you how to use Lightroom Classic CC, the easy-to-use software that prepares, edits, and organizes photos quickly and effectively. Through hands-on exercises, you will learn to use Lightroom like a pro and perfect your digital photos.

March 30

Tuesday • 6:30 - 8:30 p.m. • Online • \$19





PIXEL PERFECT

Introduction to Editing Your Photos Without Adobe Software (SR)



You have a great camera and you know how to use it. If many of your photos still do not measure up to your expectations, this course is for you. Learn how to improve your photos through basic contrast and brightness adjustments, image straightening, object removal, and more.

Two-Course Series: Students complete each of two sessions. April 20 | April 27

Tuesdays • 6:30 - 8:30 p.m. • Online • \$39

APRIL 20



GET STARTED

Learn more and sign up at frederick.edu/lifelong. Space is limited. lifelonglearning@frederick.edu | 301.624.2727

Frederick Community College prohibits discrimination against any person on the basis of age, ancestry, citizenship status, color, creed, ethnicity, gender identity and expression, genetic information, marital status, mental or physical disability, national origin, race, religious affiliation, sex, sexual orientation, or veteran status in its activities, admissions, educational programs, and employment. Frederick Community College makes every effort to accommodate individuals with disabilities for College-sponsored events and programs.

If you have accommodation needs or questions, please call 301.846.2408. To request a sign language interpreter, please visit http://fcc-interpreting.genbook.com. If you have interpreting related questions, please email Interpreting@frederick.edu. Sign language interpreters will not be automatically provided for College-sponsored events without a request for services. To guarantee accommodations, requests must be made at least five workdays in advance of a scheduled event. If your request pertains to accessible transportation for a College-sponsored trip, please submit your request at least 21 calendar days in advance. Requests made less than 21 calendar days in advance may not be able to be guaranteed.

