



REGISTER TODAY!

frederick.edu/culinarymedicine
Contact hcti@frederick.edu with questions.

HEALTH MEETS FOOD: CULINARY MEDICINE IN FOODSERVICE

HCT140 | Health meets Food: Culinary Medicine for Foodservice Professionals, Tier III

Choose between two class sections: in-person or structured remote*

Wednesdays, May 28 - July 9, 2025

8:00 a.m. - 12:30 p.m.

Earn Tier III: Certificate in Culinary Medicine

HCT141 | Health meets Food: Culinary Medicine for Foodservice Professionals, Tier II**

Choose between two class sections: in-person or structured remote*

Wednesdays, July 16 - August 27, 2025

8:00 a.m. - 12:30 p.m.

Earn Tier II: Certificate in Culinary Medicine

Earn Tier I: Certified Culinary Medicine Professional (CCMP), upon passing CCMP exam

**In-person classes are held at 200 Monroe Ave., Frederick MD. Structured remote classes meet virtually during the same times as the in-person class. More information is available at frederick.edu/courseformats.*

***Students must successfully complete HCT140 prior to class start date of HCT141.*

Foodservice professionals are perfectly positioned to play a central role in changing the way Americans eat. This program is designed for those passionate about integrating science-based nutrition research into their skill set and will equip candidates with the nutritional knowledge and culinary skills to optimize health. The class features hands-on cooking modules and online education.

Designed for:

- Foodservice professionals with 3+ years of experience
- Healthcare facility employees
- Graduates of culinary or nutrition programs
- Individuals with Certified Dietary Manager (CDM) certification and/or American Culinary Federation (ACF) designation
- Foodservice/Culinary/Nutrition Educators at post-secondary or secondary institutions

HCTI

Hospitality, Culinary & Tourism Institute

 Frederick Community College



The American College
of Culinary Medicine

