

## oatmeal

12 oz. | \$2.49 | cal. 160

16 oz. | \$3.29 | cal. 220

## toppings

golden raisins | 1 tbsp. | cal. 30 granola | 1 tbsp. | cal. 25 brown sugar | 1 tbsp. | cal. 50 dried cranberries | 1 tbsp. | cal. 30

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



assorted muffins	\$2.99	520-610 cal.
assorted bagel	\$2.59	280-350 cal.
assorted danish	\$2.99	270-350 cal.
assorted donuts	\$1.99	350-450 cal.
toast (2 slices)	\$0.79	80- <mark>230</mark> cal.
butter pc	\$0.25	
jelly pc	\$0.25	
peanut butter pc	\$0.49	
cream cheese pc	<b>\$0.49</b>	

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