

Mentoring Makes a Difference!

"The Woman to Woman Mentoring Program was one of the greatest experiences of my life. I enjoyed the weekly meetings with my mentor; it was nice to have someone to talk to and share my thoughts and dreams with. She helped me cope with some challenges and inspired me to keep on."

~ Banis Githinji, 2011 mentee

"My mentor says she didn't do much. For me, she made a world of difference."

~ a 2010 mentee

The Woman to Woman Mentoring Program of Frederick County assists women ages 18-35 with career and personal guidance to help transform their lives.



You Make a Difference!



BUILDING SUCCESS FOR LIFE

As part of the Women's Center at Frederick Community College, W2WMentoring is open to all women in Frederick County. Mentoring is helpful at all stages of life.

Photography by Julie Lutz Hipkins

Woman to Woman Mentoring Program
Frederick Community College
7932 Opossumtown Pike, Box 204
Frederick, MD 21702
www.womantowomanfrederick.org
301.846.2556

Woman to Woman Mentoring Program

for Young Women of Frederick County



BUILDING SUCCESS FOR LIFE



What could a mentor do for you?

- Help you define and achieve goals for your life and family.
- Help you develop a more positive self-image and a plan for your future.
- Provide insight into the life of a local professional woman and her success.

Become a mentee.

*It's simple to participate.
You only need to:*

- Be interested in improving your personal, educational and professional life,
- Be 18-35 years old, and
- Live or work in Frederick County.

Who are our mentors?

- Professional women over 30 who live or work in Frederick County.
- Career women, active in their community.
- Confident, successful women with strong interpersonal skills.

Become a mentor.

- Be a positive role model and coach for a young woman in Frederick County.
- Help her set realistic goals for career, educational, and personal growth.
- Provide guidance, support, and encouragement as she works toward those goals.

How can you help?

- Volunteer to be a mentor.
- Tell women about the opportunity to be mentored.
- Suggest program ideas.
- Offer networking opportunities.
- Encourage your organization to promote the Woman to Woman Mentoring Program.
- Make a donation by sending a check payable to FCC Foundation/Woman to Woman to the address below.

Woman to Woman Mentoring Program

*Building Success for Life among
Young Women of Frederick County*

7932 Opossumtown Pike, Box 204
Frederick, MD 21702 • 301.846.2556
www.womantowomanfrederick.org
W2WMentoring@frederick.edu

Woman to Woman Mentoring Program • Initiated by the Frederick County Commission for Women • A program of the Women's Center at Frederick Community College

For more information call: 301.846.2556 or email: W2WMentoring@frederick.edu